

Say **NO** – UNiTE to End Violence against Women

Between 15 -76 percent of women experience physical or sexual violence from men in their lifetime. Everybody has a role to play in combating this global pandemic. This is your chance to make a difference and be heard. Let us count you in!

Here are some ideas of how you can say **NO** to violence against women and girls:

Individuals

- Sign the global call for action on www.saynotoviolence.org to tell governments around the world that you want them to make ending violence against women and girls a top priority. By joining the Say NO network you will receive regular updates and news.
- Ask 3 people you know to subscribe to the **Say NO – UNiTE** network on www.saynotoviolence.org.
- Join **Say NO – UNiTE** on [Facebook](#) and [Twitter](#) and stay engaged.
- Start or join an action – volunteer at your local shelter, raise signatures for a petition, organize a vigil or a walk against violence, host a house party and screen a relevantly themed film... or support an existing initiative featured on www.saynotoviolence.org. Every signature raised, every participant reached, every hour volunteered counts!
- Help organizations on the ground catalyze change – donate or raise funds for the [UN Trust Fund to End Violence against Women](#) that supports local and national projects in developing countries.
- Take the **Say NO – UNiTE** quiz at <http://www.saynotoviolence.org/quiz> and share it with your friends, family and networks.

Students and Teachers

- Sign the global call for action on www.saynotoviolence.org to join the **Say NO – UNiTE** network and receive regular updates and news.
- Include activities to raise awareness and promote prevention of violence against women and girls in your curriculum. Take the [Say NO – UNiTE quiz](#) in your class!
- Start a **Say NO – UNiTE** club/campaign in your school and post your actions on www.saynotoviolence.org.
- Organize events, teach-ins, film screenings, workshops, conferences and campaigns.
- Help organizations on the ground catalyze change – donate or raise funds for the [UN Trust Fund to End Violence against Women](#) that supports local and national projects in developing countries.

- Join **Say NO – UNiTE** on [Facebook](#) and [Twitter](#) and stay engaged. Blog about the issue to raise awareness.
- Share your actions with other schools, universities and civil society organizations to inspire them. You can upload the materials you create to raise awareness on www.saynotoviolence.org.

Governments and Parliamentarians

- Add your name to **Say NO** in contribution towards the UN Secretary-General's UNiTE to End Violence against Women campaign and let us know about your initiatives on the issue.
- Develop, adopt, strengthen and implement national and local plans of action for ending violence against women and girls.
- Review and implement legislation on preventing and ending violence against women and girls that is adequate and aligned with human rights standards.
- Ratify relevant international treaties to which your country is not already a party.
- Make emergency “frontline services” for survivors available and accessible.
- Initiate and support prevention efforts focused on women’s empowerment and community mobilization to prevent violence against women and girls and change public attitudes and behaviors.
- Start public awareness-raising programmes and campaigns. Recognize and reward women and men working locally or nationally to end violence against women and girls.
- Improve data collection, analysis and dissemination on the prevalence, causes, survivors and perpetrators of violence against women and girls, as well as impact of interventions, performance of public sectors and socio-economic cost of violence against women and girls.
- Address conflict related sexual violence by ensuring legislative and judicial means of ending impunity towards sexual violence in conflict and post conflict; train police, military and civilian peacekeepers to prevent sexual violence and protect women and girls.
- Provide sufficient resources to enforce laws and implement programmes.
- Help catalyze change on the ground - donate to the [UN Trust Fund to End Violence against Women](#) that supports local and national projects in developing countries.

Civil Society Organizations and Community Organizers

- Partner with **Say NO – UNiTE** – create a profile for your organization on www.saynotoviolence.org and post your advocacy and awareness raising initiatives.
- Heads of States and Ministers from 73 governments and nearly 700 Parliamentarians have signed on to **Say NO – UNiTE**. Work with government officials at the local and

national levels to ratify relevant international treaties and to establish laws and policies that help end violence against women in your country or community. Find out about your country's legal framework and policies on violence against women at: www.un.org/womenwatch/daw/vaw/v-database.htm

- Engage men, youth and faith-based leaders in your communities to raise awareness and prevent violence against women and girls.
- Run workshops and sensitization trainings on the prevalent forms of violence against women and girls for police, judiciary, medical professionals, teachers, media, private sector companies and faith-based leaders. Each person you reach is an action, so share your action stories on www.saynotoviolence.org.
- Use **Say NO – UNiTE** tools to raise awareness about the issue – share the Quiz available at <http://www.saynotoviolence.org/quiz>.
- Partner with **Say NO – UNiTE** on [Facebook](#) and [Twitter](#).
- Upload your advocacy and awareness raising materials on your **Say NO – UNiTE** action page to inspire others.

Businesses and Corporations

- Partner with **Say NO – UNiTE** and make ending violence against women and girls a priority for your company's corporate social responsibility goals.
- Implement a zero-tolerance policy towards gender discrimination and harassment in your workplace and promote women's leadership.
- Help organizations on the ground catalyze change by contributing to the [UN Trust Fund to End Violence against Women](#) that supports local and national projects in developing nations.
- Organize an awareness day in your company – hold gender workshops, invite your local NGO that is working to end violence against women for an information session, screen a film that highlights the issue, or encourage your employees to take and share the **Say NO – UNiTE** Quiz at <http://www.saynotoviolence.org/quiz>. Count the participants and report your actions on www.saynotoviolence.org.
- Keep flyers and brochures on how to get help if abused in discreetly and easily accessible places within your premises.
- Raise the profile of the issue – contribute free advertisement space on visible forums and influential websites and post the **Say NO – UNiTE** banner on your website.

*Note: If you are organizing activities at a place with limited access to the internet, or you cannot access the **Say NO – UNiTE** website, please contact us at saynotoviolence@unwomen.org or contact the UN Women regional/country office near you and tell us about your actions! We will carry your message to the global **Say NO – UNiTE** network.*